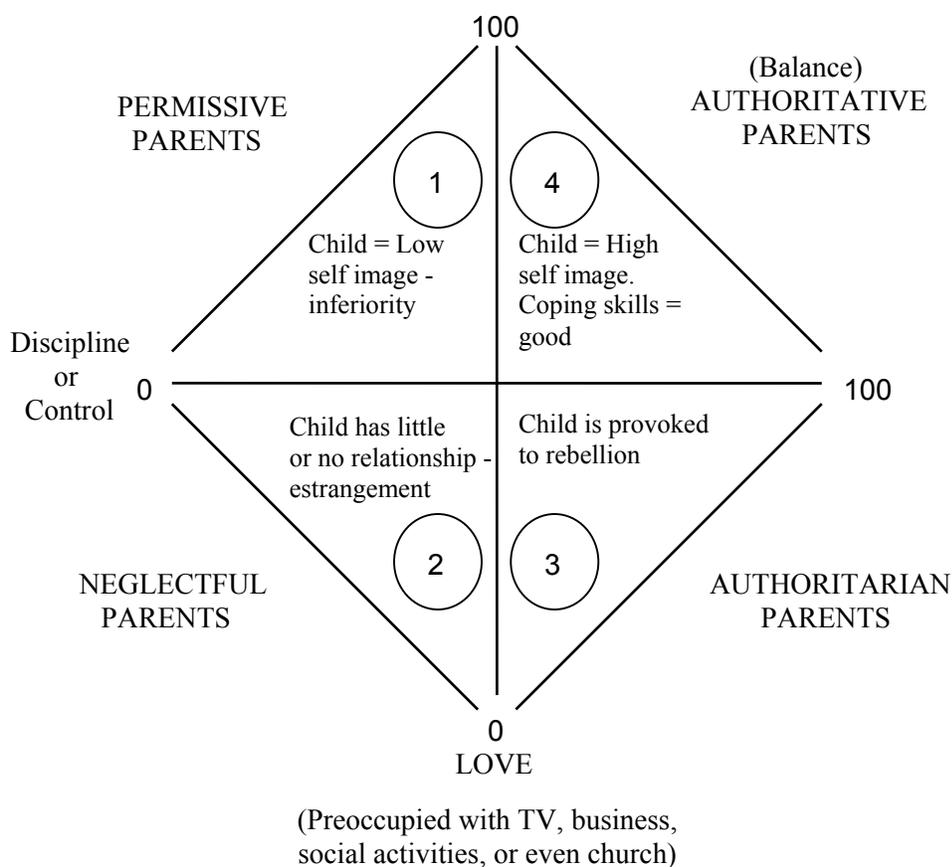


How to Discipline Your Child Effectively

Selected Scriptures

Series: Effective Parenting In A Defective World- Part 3

Case Study #1 - Reuben Hill (Minnesota Report)



Summary - The balanced authoritative parent who gives high support (love) and high control (discipline) typically produced children with high self-esteem, good coping skills and positive relationship parents.

Case Study #2 - Jewish Christians AD 66-70

4 *In your struggle against sin, you have not yet resisted to the point of shedding your blood.*

5 *And you have forgotten that word of encouragement that addresses you as sons: "My son, do not make light of the Lord's discipline, and do not lose heart when he rebukes you,*

6 *because the Lord disciplines those he loves, and he punishes everyone he accepts as a son."*

7 *Endure hardship as discipline; God is treating you as sons. For what son is not disciplined by his father?*

8 *If you are not disciplined (and everyone undergoes discipline), then you are illegitimate children and not true sons.*

9 *Moreover, we have all had human fathers who disciplined us and we respected them for it. How much more should we submit to the Father of our spirits and live!*

10 *Our fathers disciplined us for a little while as they thought best; but God disciplines us for our good, that we may share in his holiness.*

11 *No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it.*

Hebrews 12:4-11 (NIV)

Summary = Discipline is teaching **obedience** to God and His Word through **consistent consequences** (actions) and **clear instructions** (words) in an atmosphere of **love**.

- The **necessity** of discipline = To deter _____ v. 4
- The **means** of discipline = The _____ and _____ v. 5
- The **motive** in discipline = To express _____ v. 6-9
- The **goal** of discipline = To teach _____ v. 9
- The **result** of discipline = Short term _____ and long term _____ v. 10-11

	Punishment	vs.	Discipline
Purpose	To inflict penalty for an offense		To train for correction and maturity
Focus	Past misdeeds		Future correct acts
Attitude	Hostility and frustration On the part of the parent		Love and concern on the part of the parent
Resulting emotion in the child	Fear and guilt		Security

But How? 2 Key Hebrew Words

Actions = Consistent consequences - (chastisement, rod)

He who spares his rod hates his son, but he who loves him disciplines him diligently. Proverbs 13:24 (NAS)

Folly is bound up in the heart of a child, but the rod of discipline will drive it far from him. Proverbs 22:15 (NIV)

- **7 Steps to Remember**

- | | |
|-----------------------------|-----------------------|
| 1. Clear Warning | 5. Flick the Wrist |
| 2. Establish Responsibility | 6. Sincere Repentance |
| 3. Avoid Embarrassment | 7. Unconditional Love |
| 4. Communicate Grief | |

Words = Clear instructions - (reproof, correction)

¹¹*My son, do not despise the LORD's discipline and do not resent his rebuke,*
¹²*because the LORD disciplines those he loves, as a father the son he delights in. Proverbs 3:11-12 (NIV)*

Practical Tips For Balanced Parenting

- **Avoid The Pitfalls**

_____ Parent

_____ Parent

_____ Parent

“_____ - _____” Parent

_____ Parent

- **Develop A Gameplan**

1. Identify the top 2 _____ problems.

2. Honestly evaluate your _____.

3. Have a family _____.

4. Set _____ together.

Discussion Questions

1. How would you classify your parenting style or tendency compared to the case study? Discuss your answer.
2. What is the difference between **discipline** and **punishment**?
3. What are your top two disciplinary problems with your children? What means of action/consequences or instruction would help your child learn obedience?
4. What **specific step** do you need to take to align your parenting with God's pattern to bring out the best in your child?